

Spring  
2014

Catholic Eldercare

# Connections

Parkinson's Initiative

## Faith At Work



St. Anthony of Padua Chapel



Animal Therapy

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# Leadership



Dear Friends:

We are pleased to share Catholic Eldercare's 2013 Annual Report with a caring community of friends. Thanks to you, the seniors we serve live full, satisfying and engaging lives. As always, 100 percent of your gift goes to support Catholic Eldercare.

As we mark more than 30 years of service, a quote from Shakespeare comes to mind, *"Though she be but little, she is fierce!"* We are fiercely committed to caring for our older loved ones and exceptional in the quality of our service; this is our unchanging legacy and commitment.

Every organization must periodically enter into a process of refreshing its sense of purpose and presence to stay relevant to changing needs. Catholic Eldercare is seeing new community needs emerge and are contemplating our response to these service needs. We are still the same Catholic Eldercare, but with a fresh coat of paint in the current palate. We remain that trusted resource, based in Northeast Minneapolis, yet are reaching out to serve downtown and surrounding communities, offering the kind, compassionate care we all want for ourselves.

We are introducing one example today, our new logo!

In this figure, the Catholic tradition of care, kindness and compassion is reflected in the Cross. Catholic Eldercare acts on this tradition and becomes a life-giving tree in our community.



So starting with our new logo you will notice from time to time a fresh look emerging and new ventures announced. It's still us, seeking to serve you in new ways, the best of the past meeting the challenge of the future.

In addition to this we welcome new board members and staff, and extend our thanks and gratitude to friends and colleagues who will be leaving the board, including co-founders Al Hofstede and Tom Glodek, steadfast leaders who have generously shared their vision, compassion, and leadership for 30 years.

Thank you for your generosity and friendship.

Sincerely,

Thomas Beck  
Chair, Board of Directors

Dan Johnson  
President and Chief Executive Officer

*Catholic Eldercare provides the care, housing and services needed by older adults to continue living fully – with dignity – in an intentionally created community.*

With your support, Catholic Eldercare serves more than 400 seniors and their families, providing a continuum-of-choices based on level of independence, including independent housing, assisted-living housing with services, memory care, skilled nursing care, and the weekday Adult Day program.

Staff and volunteers provide the quality care and programs that nurture body, mind and spirit, enabling residents to reach their greatest potential and enjoy life to the fullest. As always, faith deeply matters, especially now, as seniors grow more dependent yet still desire to live engaging lives of dignity and self-determination.



## Luncheon Reminder Mark Your Calendar

The 12th annual *Celebrate Lifelong Living Luncheon* fundraising event will be held September 18, 2014 at the Earle Brown Center.

## Serving Seniors and their Families

During 2013, Catholic Eldercare made significant strides to better serve seniors and their families.

### Major Achievements

- **Parkinson's Initiative:** Always responsive to community needs, Catholic Eldercare joined a collaboration with the Twin Cities-based Struthers Parkinson's Center to ensure the best possible staff training and care, backed up by the latest medical research, for residents with Parkinson's disease. Minnesota is third in the nation for the incidence of Parkinson's disease, which typically strikes older adults. (See story on p.6.)
- **Rehabilitation Services:** To meet the growing demand for the various forms of rehabilitative therapies by residents, Catholic Eldercare strengthened the staff of therapists to provide the best, most comprehensive care for recovering medical clients.
- **St. Anthony of Padua Chapel:** Catholic Eldercare acquired St. Anthony of Padua Church to ensure continuity of worship opportunities for residents and community members.
- **2013 Celebrating Lifelong Living Luncheon:** This annual event, which inspires supporters to help fund programs important to residents, was attended by more than 500 guests who donated or pledged more than \$125,000 in charitable gifts and sponsorships.



# Animal Therapy Calms and Comforts

Dogs, cats and rabbits can frequently be seen making rounds at Catholic Eldercare. These four-footed specialists dispense companionship, amusement, unconditional love, and so much more. The furry friends are part of the Pets With a Purpose program, launched a decade ago thanks to generous gifts from Catholic Eldercare supporters.

“Love transcends species and its impact on animal and human is profound,” says Kathy Bulicz, who coordinates the animal therapy program. There are many studies on the therapeutic value of the animal-human connection. Animals can help people feel better, adapt to traumatic events, and live more peaceful lives of fulfillment. Animal-human interactions lower blood pressure, alleviate loneliness and emotional isolation, boost self-esteem and psychological well-being, and enhance verbal interactions and thinking.

## Helen and the Hare

When Helen (not her real name) came to Catholic Eldercare, she stayed in her room much of the day. She’d lived alone for so long that she struggled to adjust. Staff encouraged her to join the other residents for fun activities, but Helen remained isolated. Being alone had sadly been Helen’s ‘normal’ for too long.



*Marcia Fjerstad enjoys Honeysuckle, a gentle rabbit who loves to be held.*



*Resident Fern Violette says she was afraid of dogs until she came to Catholic Eldercare. Now she loves the frequent animal visits.*

Soon, a pet therapy volunteer visited Helen and plopped a rabbit - a big New Zealand hare - onto her lap. Helen looked a little surprised, at first. Then, one hand slowly lifted and started petting the bunny. Then, her other hand caressed the bunny’s head, and a smile took form on Helen’s face. In a few days, Helen was joining her neighbors for fun activities and daily Mass. She’d taken an important step to a better life, thanks to a volunteer and a rabbit who connected in a powerful way.

Something profound certainly happened, yet scientists still do not fully understand the animal-human bond, a powerful spirit-nurturing force. “On some level, the animals connect in a way that people often simply cannot,” says Bulicz.

In Genesis 1:26, God says man is to have dominion over the animals and is to name them. This seems to indicate that humans and animals are created to be in some kind of relationship.

Animals have their own distinctive nature and scope of abilities, as do humans. Animals don’t speak, per se, but do seem content just to offer their presence, a ‘listening’ ear, and ready to accept a hug when sorrow turns to sobs. Perhaps that is the lesson: to just ‘be present,’ and in that comes healing, peace, and a heightened sense of well being.



*Florence Lesniak, a resident, accepts a doggy kiss from Sofia, a Toy Australian Shepherd, while volunteer Lauri Wollner looks on.*

## Jack Spillane,

### *Continuing a Legacy of Selfless Giving*

If Jack Spillane needed a nickname, 'Generous' would be an apt choice. He's a big-hearted supporter of Catholic Eldercare who gives generously of time and talent, too. A ten-year member of the organization's Development Committee, Spillane donates many hours of wise counsel - honed during a successful career in business - helping guide the fundraising policies and practices.

"I like the role," Jack says. "Catholic Eldercare serves people from all faiths and the needs are great. We can all do something, to step up and support this mission."

The needs of seniors are growing and Spillane believes the community must do all it can to ensure they live lives of dignity, engaged instead of isolated and alone. "What Catholic Eldercare does is so important. We live in an aging society," Spillane says.

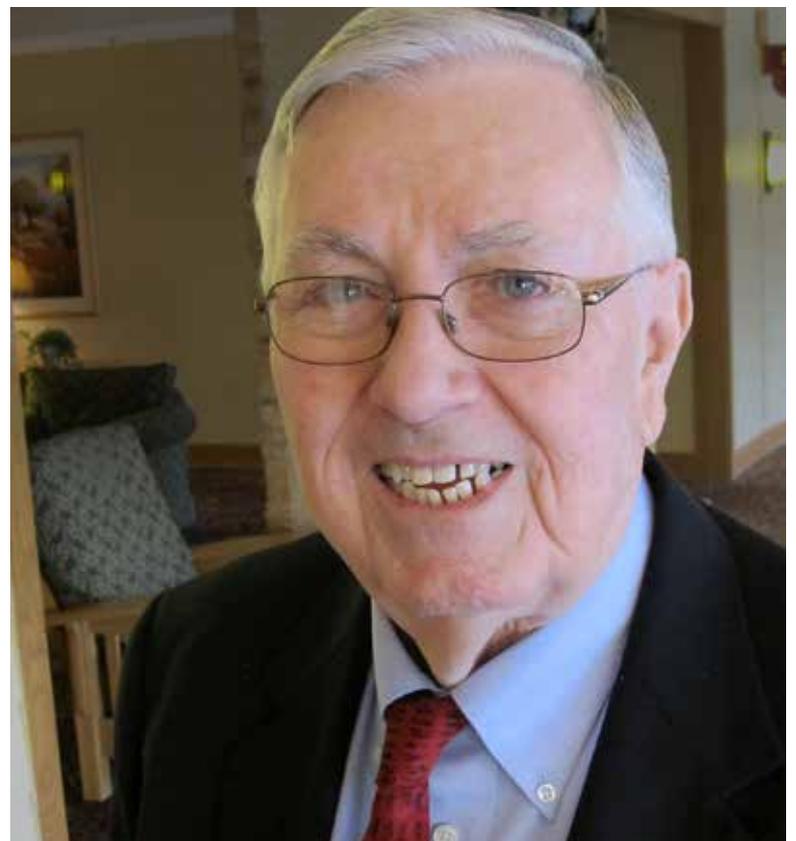
He believes that everyone has an obligation to contribute in resources, time and talent. "It's all about helping people, and if you have resources, you can't take it with you, so money is a means to an end. "I've had tremendous opportunity (as the owner of National Purity), and it is, after all, God's money; we need to be good stewards of it. Sure, government can help, but we have to help also."

Spillane is always the watchful talent scout, too. He encouraged his friend Sheila Lange, who worked as a nurse at Hennepin County Medical Center for 40 years, to become a volunteer at Catholic Eldercare. "She spends a day a week there and loves it," He says.

#### **From Whence We Came**

Jack witnessed a family spirit of altruism early. His father "swung a pick" for the Works Progress Administration (WPA) jobs program during the Great Depression, and later became a successful restaurant owner and civic leader. Spillane continues to be inspired by the legacy of his late wife Elva, a national pioneer in aging services and a successful business woman. When President Lyndon Johnson signed the Older Americans Act in 1965, it was Elva who was given his pen. That historic legislation has done much to improve the lives of older adults.

In 2005, the RiverVillage patio and outdoor garden area was dedicated in honor of Mr. Spillane and his late wife.



*Jack Spillane*

Spillane sold National Purity to his son, Sean, eight years ago, but still works part-time in sales. The company enjoys a reputation as a great employer. "When my grandfather came to the U.S. from Ireland he would see job ads that read, "Irish need not apply," but people can be trained and mentored and do great things. We're all in this together and we can all do something to help make our community better. I get a lot of joy out of that."

At age 81, Spillane continues to serve on the boards of directors for the Salvation Army (23 years) and Saint Catherine University (six years).

*For more information on volunteer opportunities, please contact Volunteer and Outreach Manager Diane Lucas at 612-362-2492.*

*100 percent of your gift goes to support Catholic Eldercare.*

# Catholic Eldercare Partners with Parkinson's Organization to Enhance Resident Care



*Catholic Eldercare's Parkinson's Site Champions: Standing, left to right: Registered Nurses Sharon Divine, Dorothy Nevala, and Jenifer Bendel-Artmann. Seated: Rehabilitation Therapists Susan Lechner and Erin Little.*

Catholic Eldercare is collaborating with the Twin Cities-based Struthers Parkinson's Center to ensure the best possible staff training and care for residents with Parkinson's disease, which typically strikes older adults. The partnership also will showcase Catholic Eldercare as a preferred senior housing option for older adults with Parkinson's.

The new alliance is timely and relevant because Minnesota now ranks third in the nation for the incidence of Parkinson's disease (PD), a progressive neurodegenerative disorder affecting movement. Given the growth in the aging population and the regional prevalence of this disease, the incidence of Parkinson's is expected to increase in the years ahead. This partnership represents the ongoing commitment to ensure the best specialized care possible for Catholic Eldercare residents.

Catholic Eldercare is one of only three senior care organizations in the Twin Cities partnering with the Struthers Parkinson's Center in a one-year training and care initiative that is expected to be a long-term arrangement. "Catholic Eldercare is highly respected so we're really happy to be working with the staff and leadership," says Struthers Parkinson's Center Community Coordinator Ruth Hagestuen, R.N. "When we met with the administration, there was a roomful of people so there is great buy-in. We have a strong commitment to this from the top down," she adds.

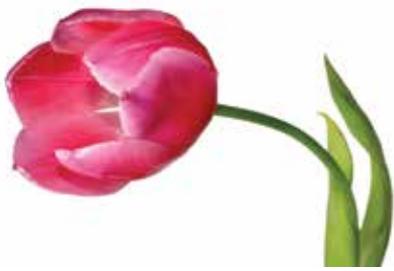
"We are so pleased to be participating in this program. Enhanced education and training means enhanced resident care," says Director of Nursing Carla Frantz. "This collaboration will bring all the expertise about Parkinson's disease treatment to staff and the residents they care for daily. And better care, based upon the latest understanding of this disease, means less frustration for residents, families and staff," she adds.

*"The collaboration with the Struthers Parkinson's Center is a wonderful benefit for Catholic Eldercare residents. It will bring all the expertise about Parkinson's disease treatment to staff and the residents they care for daily."*

*Director of Nursing  
Carla Frantz, R.N.*

## Partnership Enhances Resident Care

Treating Parkinson's disease is challenging in the senior care setting. PD affects each patient differently and treatment plans must be precisely tailored to each patient's current needs and updated as the disease progresses. For example, standards in the senior care industry permit the dispensing of medications within a two hour window, however the latest research shows that Parkinson's patients who receive their medication at precise times throughout the day enjoy optimal symptomatic relief.



Implementing this simple medication dispensing strategy can mean significant improvement in daily life for the Parkinson's patient.

Staff nurses also have learned practical care guidance; for example, having PD residents walk right after they take their medications rather than later in the day when their mobility may be more compromised. Ongoing, specialized training will equip Catholic Eldercare staff with the tools to help Parkinson's residents - who tend to shuffle their feet when walking - be less prone to falling. "Falls are a big issue with Parkinson's patients," says Dorothy Nevala, R.N., one of Catholic Eldercare's Parkinson's Site Champions, "and our training will enable us to learn more about how Parkinson's symptoms contribute to falls so we can develop better monitoring and various strategies to reduce falls."

As Parkinson's patients tend to speak in a quieter voice and may be slow to express themselves, staff are being trained in the proper recognition of challenging resident behavior so it is not misunderstood as confusion, stubbornness or unwillingness to cooperate.

Hand tremors, common in Parkinson's patients, can hamper every day tasks like drinking, dressing and mobility. Training will equip nursing and therapy staff to help residents manage everyday tasks so they can maintain a level of independence.

### Monthly Support Group

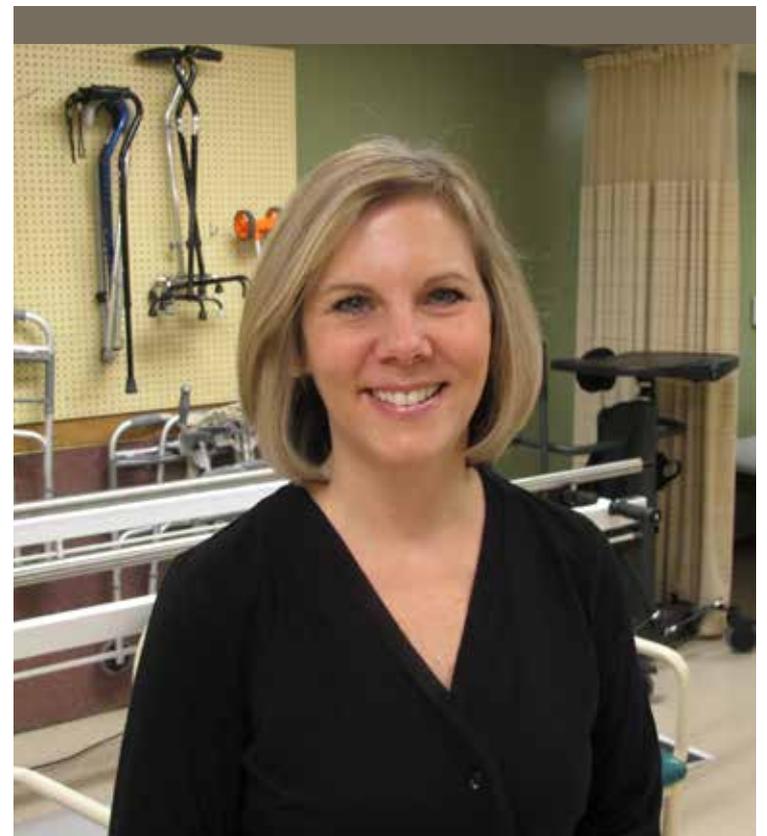
A Parkinson's Support Group was launched in March 2014. The group meets the second Wednesday of every month from 4 p.m. until 5 p.m. at RiverVillage. "We want to see a real partnership develop and grow over time and continually improve our response to Parkinson's disease," says Struthers' staff member Ruth Hagestuen, R.N.

It's no coincidence the tulip is the international symbol for Parkinson's care, denoting optimism and hope. With the best care, residents who suffer the disease's effects can still blossom and enjoy life to their fullest potential. "We used to think these symptoms were inevitable, a part of aging. We now know that life can be better," Hagestuen adds.

*Researchers are still unclear why the incidence of Parkinson's disease is highest in North Dakota, South Dakota and Minnesota. Experts believe this may be due to better diagnosis of the complex disease in the region.*



*Rehabilitation Therapist Erin Little observes Margaret Getty, a resident with Parkinson's, as she performs her daily exercises.*



Sheila Clark, DHEd, CCC-SLP with the Benedictine Health System serves as Catholic Eldercare's on-site Rehabilitation Services Director. Sheila previously served as Supervisor and Speech Language Pathologist at Fairview Health Services.

## Honor Someone Special With a Tribute Gift

A Tribute gift is a great way to honor someone and help Catholic Eldercare meet the needs of seniors in our community. Your gift lets everyone know that a loved one or friend has been an important part of your life.

A Tribute gift can:

- honor a parent or grandparent on Mother's Day, Father's Day or other holidays;
- commemorate a special occasion such as a birthday, wedding, anniversary, graduation, recital or other memorable moments;
- recognize the military service of a veteran;
- and, honor a beloved staff member or volunteer.



For more information, visit [www.catholiceldercare.org](http://www.catholiceldercare.org) and click on DONATE

## Generous Giving

Thank you! Your financial gifts support the engaging programs and activities residents enjoy. This generosity helps offset the funding gap between the true costs of care and the amount reimbursed by the government.

During the fiscal year of October 1, 2012 to September 30, 2013, individuals, businesses, and foundations donated approximately \$270,000 in gifts, pledges, and deferred gifts.



### Your Annual Fund Gifts:

- make possible a Pastoral Care Program that helps enrich the lives of seniors through worship, prayer, and the discovery of new creative gifts;
- ensure a strong Volunteer Program that brings neighbors and residents together in friendship and engaging activities;
- support the Adult Day Program which eases isolation and keeps seniors involved, active, and independent;
- support staff improvement and mentoring programs which enhance the relationship with the residents;
- and support the Subsidy Fund for seniors whose financial resources may be depleted while they are living at Catholic Eldercare.

### Capital Fund:

- Supports ongoing programs and future capital needs.

# Thank You!

Catholic Eldercare's dedicated volunteers make a meaningful difference in the lives of elders.

Betty Ackerman	Angie Drennen	Arlaine Higgins	Nancy Lundgren	Phyllis Robinson
Fatima Amin	Coleen Duffy	Lori Hodgkin	Catherine Mack	David Robinson
Jean Askwith	Kevin Duffy	Gege Hodgson	John Malone	Judith Roggon
Wendy Baker	Monica Duffy	Melissa Hodne	Elizabeth Mangen	Sharon Roseth
Barbara Balfe	Rachel Duffy	Kristi Holthus	Joy Manning	Lisa Sarvie
Nadia Barhoun	Ann Dunn-Foley	Phyllis Hupp	Judy Marcouiller	Olivia Sarvie
Margaret Beck	Thomas Dvorak	Julianne Hyatt	Louis Marino	Lois Schardin
Dolores Bertram	Sally Edlund	RoseAnne Jacobs	Marie Marino	Jeanine Schmidt
Tom Beukhof	Daylanne English	Phillip Jares	Victoria Matthes	Fabian Seitz
Kelsey Bolton	Jerry Evans	Russell Johnson	Michael Maxey	Mary Sherman
Frank Broderick	Melissa Farley	Allegra Jonas	Michael McGrane	Cleo Simonett
Joan Brost	Linda Fehst	Dianne Kaselnak	Beverly Mertz	Gordon Skinner
Thomas Bruening	Deborah Felder	James Kellen	Maria Mills	Lois Skinner
Kevin Brutcher	Carol Ferguson	Ruth Knox	Michael Morgan	Sarah Slathar
Ethan Bussiere	John Fischer	Joyce Knutson	Stephanie Murphy	Kara Stave
Ann Buszta	Robert Fjerstad	John Koeppen	James Murzyn	Donna Stelmaszewski
Jean Byland	Thomas Foley	Jacob Koller	Patricia Musenbrock	John Stiepel
Elizabeth Cambi	Carol Forby	Joseph Kourie	Sally Nadeau	Jerome Sypnieski
Dolores Cano-Martinez	Daniel Forby	Jessica Kovarik	Alejandra Nagel	Jackie Sypnieski
James Carland	Kenneth Fuchs	Marjorie Kozachok	Bernard Newinski	Victoria Thai
Jim Carlisle	Eileen Gagnon	Kati Kreiser	Lorraine Niziol	Jean Turgeon
Andrew Carlson	Sue Garski	Joe Kromah	Jeanene Noll	Beverly Urista
Joseph Cavaleri	Marilyn Gates	Sheila Lange	Joann Olsen	Jonathan Voltz
Jan Chlebeck	Laura Glass	Loretta Larkey	Darlene Olson	Lawrence Wajda
Thomas Chlebeck	Irene Gonsior	Barb Larson	Peter Olson	Eleanor Warpeha
Alexis Cisneros-Vasquez	Shirley Graczyk	Deanna Law	Jessica Ortiz	Lauri Wollner
Pat Connors	Steven Grothjan	Louise Lazarz	Andrew Pappas	Richard Wright
Andrea Cottrell	Janet Grothjan	John Lee	Carol Pawlicki	Rosemary Yokoi
Deborah Dapkus	Thomas Gwynn	Loretta Lenton	Paul Penoyer	Regina Zandlo
Sarah Davis	Marian Hancharek	Deanna Levenhagen	Marilyn Presseler	Bethany Zucco
Helen DeAngelo	Holly Hatch-Surisook	Lucille Lins	Bonnie Quimby	
Sarah Dettinger	Ruksapol Hatch-Surisook	Jeanne Lins	Kathleen Ratican	
Nancy Dickinson	Ellen Hawley	Margaret Lipa	Anne Reuter	
Betty Dickinson	Jean Heath	Theresa Lund	Donald Richter	



# Thank You!

The quality care and services Catholic Eldercare provides seniors and their families are possible thanks to the generosity of many supporters. We acknowledge their friendship, support, and ongoing commitment.

The following gifts and pledges were given between October 1, 2013 and March 31, 2014. Every effort is made to ensure accuracy. If you see an error or omission, please contact the development office at 612-362-2430.

## Annual Fund

Ameriprise Financial  
Employee Gift Matching  
Program  
Ameriprise Financial  
Employee Giving Campaign  
Denise Andersen  
Gwendolyn Anderson  
Anonymous (3)  
Floro and Estrella Basuil  
Linda Bathel  
Emilia Bernat  
Judith Bertrand  
Nancy Bonanno  
Family of Helen Borries  
Bernadette Botoshe  
Elizabeth Bullock  
Janet M. Carlson  
Renny Cassidy  
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Council Of Catholic Women  
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Dunn Environmental, Inc.  
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Carol Ferguson  
FIL Minnesota Seniors  
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Family Foundation  
Dan and Carol Forby  
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Karen Zeleznak  
Fridley Lions Club  
George Galonska  
Andy Gannon  
Janice Gardner Foundation  
Kenneth and Marion Geason  
Mark and Sherri Glodek  
Janice M. Godlewski  
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Greater Twin Cities  
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Doy Zachry  
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Kopp Family Foundation  
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June Kroening  
Ladies Ancient Order of  
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County Division 9  
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Books Are Fun  
Dave and Janis Langsdale  
Lions Club of Northeast  
Minneapolis  
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Eric and Barbara Lunde  
Kathleen Malchow  
James R. Marino  
Francis and Ginny McGoldrick  
Sue and Tom McGuire  
Helen McNulty  
Janice Michalov  
Balbina (Barbara) Mikulak  
Kathleen and Willard Miller  
Moneta Rosengren Fund of  
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Mueffelman  
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Ramona Neeb  
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Carolyn Olson  
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Piper Jaffray  
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Lorraine Pohlen  
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Robert and Colette Warner  
Beth A. Waterman  
Robert and Mary Watson  
Steven and Kathy Wee  
Jack and Jane Whiteford  
Bettie L. Wild  
Debbie and Paul Woodward  
Robert Wrubel

## In Honor of ... Annual Fund

### Adult Day Program

Bernard and  
Rosamond Jacob

### Dining Room Staff

Bernard and  
Rosamond Jacob

### Margaret Getty

Bonita and Richard Foley

### Mary Ann and Howard Hinnerichs

Sandi Westberg

### Antoinette Hunstiger

Harriet Hunstiger Campbell

### Tony Krause

John Kilroy

### Boni Mastrian

Gerald and Kathleen Ludke

### Tom and Sue McGuire's 45<sup>th</sup> Wedding Anniversary

Kristine Smyth

### S. Colette Primus, OSB

Sandi Westberg

### Agnes Richter

Rebecca and Chuck Deming

### Second Floor Staff

Bernard and  
Rosamond Jacob

### S. Jean Theurauf

John and Mary Anne  
Mauriel Charitable Fund

### Col. Eric Westberg on his retirement from the military.

Sandi Westberg

## In Memory of ... Annual Fund

### James Abicht

Ken and Barbara Herlitzka  
Ellen Jaeger LaBounta  
Judith Tschumper

### Theodore W. Anderson Jr.

Cynthia J. Spiczka

### Vera Babchak

Karen Babchak

### Phyllis Baldwin

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### James Bias

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### Kay Birosh

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### Mary Alice Blais

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Maribeth Lundeen

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Ann Claesgens

### Lorraine Clark

Jan and Tom Chlebeck

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Joseph Cavaleri

James and Jill Jensen

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Jim and Pat Hinton

### Kenneth Corsaw

Terry and Eugene Fink

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Mark and

Barbara Durenberger

### Ethel Erding

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Vernon and Susan Bodin

Marian Bowser

James and Patty Copeman

Cornerstone Bank

Marilyn Craig

W. Merton and

Jeanette Dresser

Peter and Jeanne Engel

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Gene Erding  
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Bruce Hanson  
Sharon Howard  
Raymond and  
Helen Johnson  
Donald and  
Georgene Kramer  
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Bernard and René Litecky  
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Gerilynn Reardon  
Mike and Sue Scherer  
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Dennis and Lynn Scholtes  
Sharon Shupien  
Ron Taylor  
The Walkers

### Robert Ernt

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Laverne Bjorklund  
L. Holle Brian  
Patti Campbell  
P. F. and R. E. Christensen  
Richard and  
L. Diane Chynoweth  
Martin and Janice Cole  
Bruce and Joyce Ernt  
Robert Ernt  
Thomas and Becky Fuxa III  
Carol Gates  
Phil and Darlene Gerber  
Edgar and Dorothy Guertin  
Dale and  
Norma Gunderson  
Ken and Suzanne Hallberg  
M. Joyce Harmon  
Edward and Mary Kasarskis  
John S. Keefe  
Betty Koerner  
Barney and  
Muriel Lindstrom  
Judy Harris Lykins  
Gary Lynn and  
Linda Burich  
Peter and Holly Mazurko

- Nancy Miller  
Mary Moore  
Leon and Elaine Oman  
Lorraine Rodgers  
Roger and Elaine Salsbury  
Bill and Duffy Sauer  
Casey and Susan Scott  
Robin and Lisbeth Streitz  
Steven and  
Andrea Tharaldson  
David Turnblom  
Joseph and  
Lorraine Weinmeyer
- Emil and Lucille Forby**  
Mary Forby
- Lucille Forby's Birthday**  
Dan and Carol Forby
- Mary Ann Forsmark**  
Linda and David Olson
- Richard and Mary Gazda**  
Kenneth J. Gazda
- Mr. and Mrs. E. J. Gillespie**  
Mary Ann Gillespie
- Ann Grabowski**  
Dan and Carol Forby  
Richard and  
Catherine Marx  
Jim and Jean Steinert
- Edna Green**  
Robert and Marcia Fjerstad
- Marguerite Green**  
Verna J. Green
- Frances Halling**  
John and Rosalie Halling
- Father George Kovalik**  
Lynne Johnston
- Robert W. Hannah**  
The Hannah Family
- Bernadette Heider**  
Sam and Barbara Clark  
Philip and June Riley
- Genevieve Heie**  
Thomas Heie
- Howard and Helen Hinton**  
Jim and Pat Hinton
- Mary Hodorf**  
Jan and Tom Chlebeck
- Eugene A. Hunstiger**  
Harriet Hunstiger Campbell
- Delores Inderieden**  
Lois Hultberg  
Delores Inderieden's  
Daughters and Family  
Allen and Vicky Longhenry  
Joan Ronglien  
Diana Samuelson  
Leo and Nanette Sausen  
Wayne and Ethel Schoon
- Cecilia Indrehus**  
Jim and Ann Marie Zellmer
- Winifred Jeffries**  
Donald and  
Sylvia Dornbach  
Jean Holm  
Anne Jefferies  
Steven and Deborah Larson  
Judi Sellnow  
Lori Yaphe-Delisle
- June A. Johnson**  
Dave and Janis Langsdale
- Emelia Kacon**  
Jan and Tom Chlebeck  
Fred and Dorothy Rodie
- Frank Kline Jr.**  
Joseph Cavaleri
- The Kluska Family**  
Wallace and Jean Schedin
- John Kotowicz**  
Sandi Westberg
- John Krause**  
Anonymous  
Beulah Batt
- Nancy B. Behnke  
Jan and Tom Chlebeck  
Jay and Rose Lee Eissner  
Kevin and Laura Eissner  
Pat and Mary Eissner  
Heidi Gross  
John Kilroy  
Thomas Krause  
Tim and Cheryl Krause  
Louise Neils  
James and  
Michelle Nottling  
Sharon Richter  
Luanne Schild  
Joe and Judy Vopel
- Donna Besnett Kulas**  
**St. Anthony High School**  
**Class of 1954**  
Dan and Carol Forby
- Peter Leba**  
Robert and Angel Bichsel
- Mary Loberg**  
Leo and Betty Loberg
- Edward J. McDermott**  
Joseph Cavaleri
- Charles Melsha**  
Mark and Patricia Gorman
- Helen Merten**  
Brenda Merten
- Emil and Mae Mickelson**  
Phyllis Parker
- Elizabeth Miller**  
Andrea Benrud  
Stanley and  
Sharon Birnbaum  
Mr. and Mrs. Don Clark  
Mary K. Cosgrove and  
Scott G. Payne  
Janet Farrington  
Bill and Teri Heinecke  
Joseph and  
Cathryn Heinecke  
Edward and Cyndi Klaers  
Helen Klaers Benrud  
Karen Larson  
Andre and Diane Levesgue  
Judith Lietzke  
Debbie Little  
Eileen MacDonald  
Dave and Patti McElroy  
Dar Miller  
Marlys Miller  
Helen Mitchell  
Marcie Osborne  
Carol and Joseph Pinto  
Kathryn Provinzino  
Patsy Vessey  
Karole Whipps
- Stan and Genevieve Mirocha**  
Mary Forby
- Patricia Mueller**  
Michelle Mueller and  
Bill Smith
- Betty Muenchow**  
The Family of  
Betty Muenchow
- Gayle M. Murphy**  
Anonymous  
Carl and Tonya Brandt  
Dorothy Cashman  
Glynæ Deschene  
Gordon and Brit Eddy  
Cynthia Erickson  
Sue Erickson  
Teresa Fierstine  
Mike and Pam Hartel  
Steve Hudek  
Craig and Jane LaVoie  
Devin and Monica Murphy  
Patricia Murphy  
Ruth Murphy  
Gary and Mary Jo Nasiedlak  
Gary Peterson  
Gregory and Barbara Ritter
- Lyle Thompson  
Lotus Vestersee  
Mary White  
Cooper and Grace Wiggen  
Candy Wurdulich
- Joseph Murzyn**  
James Murzyn
- Stanley Murzyn**  
James Murzyn
- Irene Nalezny**  
John and  
Kathleen Daniewicz  
Annette Fish  
Barbara Gacek  
Janice M. Godlewski  
Gregory Hanson  
Jacqueline Hanson  
Mark and Kathrine Hoiem  
Kirk and LaVerda Knott  
Barbara Kritzer  
Bess Kritzer  
James and  
Rosanne Lundeen  
Patrick and Lois Maroney  
Colleen McGuire  
Mark Meister  
Jerry and Marilyn Neelan  
Emily Olesinski  
Joanne Rau  
Timothy and  
Martha Rockers
- Violet Nealis**  
Steve Smith and  
Deborah Zvosec
- Genevieve Mirocha's**  
**Birthday**  
Dan and Carol Forby
- Ed Newinski**  
JoAnne Student
- Grace Palan**  
Judith and Randy Jenniges
- Catherine Ann Pappas**  
Andrew S. Pappas
- Evelyn V. Paquette**  
Janet Paquette
- Helen Parker**  
Rebecca and Chuck Deming
- Arthur C. Pederson**  
William R. and  
Eleanore V. Pederson
- Arthur C. Pederson, Jr.**  
William R. and  
Eleanore V. Pederson
- Frank Perry**  
Network For Good  
Sharon Shupien
- Genevieve Weiland Peterson**  
**St. Anthony High**  
**School Graduating**  
**Class of 1954**  
Dan and Carol Forby
- Mr. and Mrs. Joseph A. Potter**  
John W. Keays and  
Patricia Potter-Keays
- Roxanne Ritchie**  
Kristine Smyth  
Sandi Westberg
- George Rodgers**  
Lorraine Rodgers
- S. Ruth Roland, OP**  
S. Mary Madonna  
Ashton, CSJ  
Gerald and Elsa Bloedow  
Rev. John F. Brandes  
Sharon M. Brenny  
Joseph Cavaleri  
Hannah Family  
Phyllis R. Hupp  
Sue Klaseus  
Eric and Barbara Lunde  
Joe Marthe  
Sue and Tom McGuire
- Sherilyn Moe  
James Murzyn  
Sigrid Nelson  
Jim and Cheryl Nesser  
Ann Marie Palmisano, OP  
Claudia Riley  
Kristine Smyth  
Lynne St. John  
Clayton and  
Mavis Strandlie  
Sandi Westberg  
John and Lynae Wingate
- Our Parents**  
Jerome and Rita Ryan
- Mary Ryan**  
Kathleen Lambert  
David F. Ryan
- Raymond Rykkeli**  
Charles Rykkeli
- Andrew Salwei**  
Tom and Arlene Madden
- Henriette Schilling**  
Dieter Schilling
- Mae Schmid**  
M. Patricia Probst
- Viola Sichak**  
Sheryl Brown
- Irene Sieracki**  
Deborah Price
- Lawrence and Lucy Sierzant**  
Teresa L. Sierzant
- Janice Snyder**  
Dan and Carol Forby
- Donald Student**  
JoAnne Student
- Alice R. Swanson**  
Joseph Cavaleri
- Delores Sydloski**  
Susan and John Derus  
Neil and Leila Hedin  
Richard and  
Catherine Marx
- Evelyn J. Turgeon**  
Richard and  
Sharon Turgeon
- Dorothy Urista**  
Anonymous
- Valeria Walczak**  
David and  
Marjorie Walczak
- Stanley Walicki**  
Donna M. Walicki
- Marian Weber**  
Frances Weber
- Marty Weslow**  
Kathryn Provinzino
- Frances and Ted Wlazlo**  
William and  
Margaret Pilacinski
- Hilde Wright**  
John E. and  
Janice M. McCauley
- Genevieve Zondlo**  
Joseph Cavaleri  
John and  
Kathleen Daniewicz  
Kenneth and  
Kathleen Johnson  
C. Glenn Kenadjian  
Gayle Nelson  
Gladys Rylel  
Gregory and  
Kathleen Stattine  
Anne Stopera  
John and Karen Zondlo
- Capital Fund**  
Jenifer Bendel-Artman  
Marilyn and Jimmy DuBay  
Carla and Peter Frantz
- In Honor of**  
**... Capital Fund**  
**Mary Broderick**  
Michael and Susan Shasky
- Catholic Eldercare Chapel**  
Anonymous (29)  
Janice Arechiga  
Michael and Monica Bianchi  
Joe and Sheila Biernat  
Marie Bliss  
Bernadette Botoshe  
Helen Brya  
James and Pat Bumgarner  
Evangeline Casimir  
Joseph Cavaleri  
Rachel Chin Fu Chen  
Rosemary and  
Dennis Drevniak  
Karen Erickson  
Robert and Marcia Fjerstad  
Steve and Trish Flannigan  
Dan and Carol Forby  
Laurie Garcia  
Douglas and  
Antoinette Grandy  
Skip Gunderson  
Guadalupe and  
Wayne Gysland  
James and Terese Hallgren  
Theresa Hansen  
Bill Hanson  
Robert and Dianne Haus  
Helen Higgins  
Ena Joseph and Paul Wood  
James Kellen  
Jane Kibler  
Randy and Carmen Knake  
Joyce A. Knutson  
Marjorie Kozachok  
Anthony and  
Thushanthi Kozlak  
Randall Last  
Mark and Connie Lewis  
Lucille Lins  
George W. Loahr  
Maria Victoria Magsalin  
Marie and Louis Marino  
Mary Martichuski  
Jerome and Pauline McAllister  
Elizabeth McDonnell  
Lyle and Rose McMurchie  
Joan E. Murray  
Ramona and James Neeb  
Lillian Nelson  
Bernard Newinski  
Linda and Mike Ojile  
Margaret O'Leary  
Pauline M. Olson  
H. Lee Pacht  
Diane Parkin  
John F. Pitleck  
Joanne Rabatin  
Donald Richter and  
MaryAnn L. Peffer  
Lenny and Joanne Robatin  
David F. Ryan  
Barb Salem  
Marie M. Sawochka  
Liam Scott  
Richard D. Shupien  
Delores Sikes  
Anne Smith  
Patricia Smith  
Suzanne J. Snyder  
Charles and Carol Torborg  
Robert and Jeanne Tupa  
Jon Voltz  
Louise Vossberg  
Jennifer Walker  
Raymond and Lucille Weidt  
Teresa and Robert White  
George and Donna Wirtz  
Anthony and Joni Zappa  
Antoinette M. Zwolski

# Planned Giving

## A Wonderful Legacy - Give an Estate Gift



### Sister Ruth Roland Society

An estate or inheritance gift is a great way to make a real difference, ensuring Catholic Eldercare's residents enjoy engaging, fulfilling lives in their final years. Your participation in the Sister Ruth Roland Planned Giving Society recognizes your compassionate support for the spiritually-enriching pastoral care and other engaging programs. Your legacy gift, in the form of a will bequest, living trust or gift annuity, is a wonderful final act of generosity.

*For more information on planned giving options, please contact Director of Development Kristine Smyth at 612-362-2494 or visit [www.catholiceldercare.org](http://www.catholiceldercare.org) and click on Giving.*

#### Sister Ruth Roland Planned Giving Society Membership

Ken Baltés and Dorothy Elion	Margaret F. Mulcare Estate†
Alvina Bartylla	Joan E. Murray
Mary Virginia Betlach	Karlís Neimanis Estate†
Elizabeth Bonnes Estate†	James and Cheryle Nesser
Lidwina Buchwald Estate†	Bernard J. Newinski
Donald G. Campagne Estate†	Bruce Nolan
Marion Critelli Estate†	Mr. and Mrs. Richard Palen
Lucille Damm Estate†	Anthony J. Pantano Estate†
Bernice C. Decowski Estate†	Mr. and Mrs.
Regina A. Dinhoff Estate†	Ralph Clinton Peabody
Mae LaVonne Ecklund Estate†	Adam and
Ada B. Eller Estate†	Virginia Piecek Estate†
Dorothy Marie Flynn Estate†	Leo E. Rainville Estate†
Thomas E. Gainor	Wallace Rainville Estate†
Loretta R. Gliniany†	Elizabeth A. Rouleau
Thomas F. Glodek	Margaretha F. Santhat
Geraldine Grajeda Estate†	Mary J. Schubert
Angeline F. Guminga Estate†	Margaret J. Schweizer Estate†
Mable Halloran Estate†	Stuart S. Seim
Barbara Hedges Estate†	Luella L. Simon
Rev. John M. Hofstede	Dolores E. Sisson Estate†
Mary D. Hungate†	Jack Spillane, Jr.
James E. Indrehus	Florence W. St. Claire Estate†
Doug J. Kohlan	Joseph and Pamela Strauss
Margaret T. Manley Estate†	Charles E. Sullivan and
Antonio Martinez Estate†	Sandra West
John C. Matlon Estate†	Eugenia R. Taylor
Susan McGuire	Mr. and Mrs. John D. Whalen
Thomas McGuire	Alan Winters Estate†
Barbara Mead†	Stanley Wruck Estate†
Agnes Mohr Estate†	

† Deceased

## Is Catholic Eldercare in your will?

Please let us know if you have included Catholic Eldercare in your will. We would like the opportunity to thank you for your generosity.

The official legal bequest language for Catholic Eldercare Community Foundation is:

"I, [name], of [city, state, ZIP], give, devise and bequeath to Catholic Eldercare Community Foundation, 817 Main Street NE, Minneapolis, MN 55413, [written amount or percentage of the estate or description of property] for its unrestricted use and purpose."

## Financials

### Catholic Eldercare Community Foundation & Affiliates

#### CONSOLIDATED FINANCIAL INFORMATION FOR THE YEAR ENDED SEPTEMBER 30, 2013

By Michael Shasky, Chief Financial Officer

### Consolidated Balance Sheet:

Assets		Liabilities and Net Assets	
Current Assets	\$4,308,981	Current Liabilities	\$2,903,942
Property and Equipment, net	\$24,970,892	Long Term Liabilities	\$17,533,379
Other Assets	\$6,882,698	Net Assets	\$15,725,250
<b>Total Assets</b>	<b>\$36,162,571</b>	<b>Total Liabilities and Net Assets</b>	<b>\$36,162,571</b>

### Statement of Activities and Changes in Net Assets:

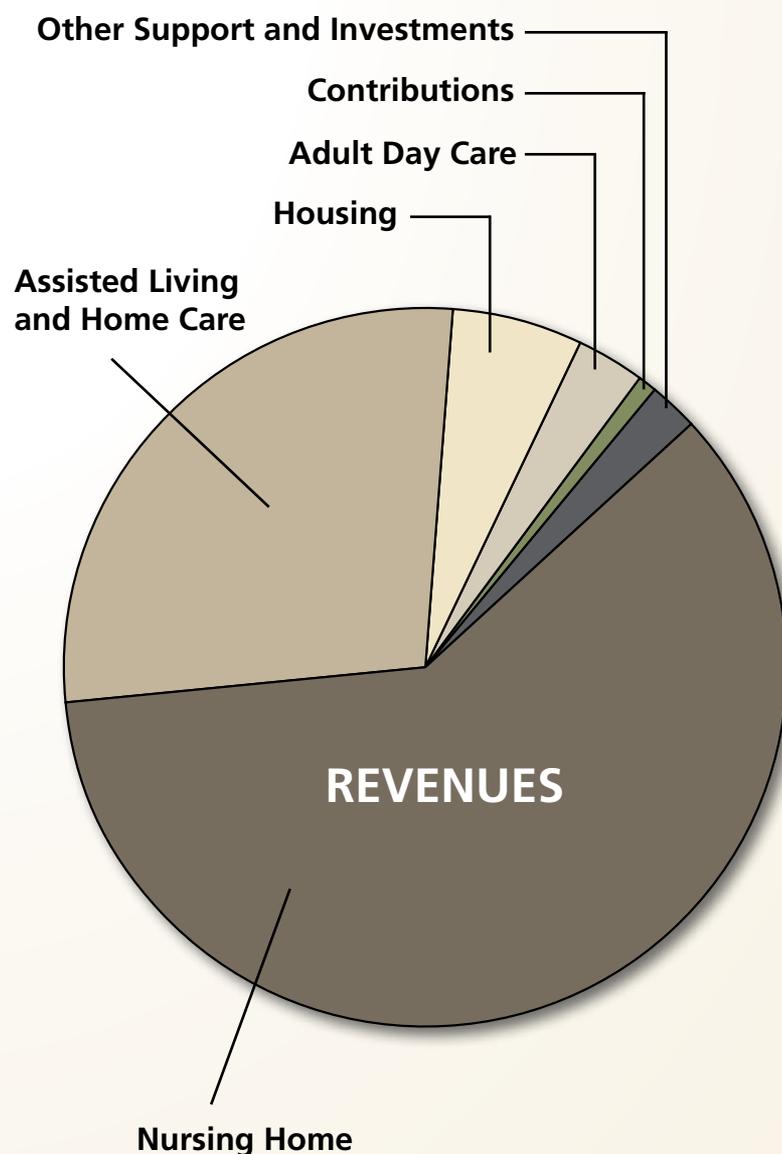
#### Revenues and Other Support

Nursing Home	\$11,119,543
Assisted Living and Home Care	\$5,123,082
Housing	\$1,020,132
Adult Day Care	\$503,846
Contributions	\$255,909
Other Support and Investments	\$330,154
<b>Total Revenues and Other Support</b>	<b>\$18,352,666</b>

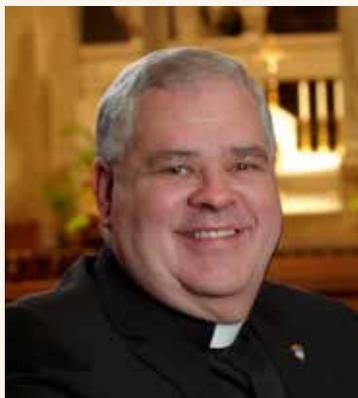
#### Expenses

Program Services	\$15,629,945
Management and General	\$1,643,085
Fundraising	\$260,606
<b>Total Operating Expenses</b>	<b>\$17,533,636</b>

Excess (deficiency) of revenues over expenses	\$819,030
Change in net unrealized gains <loses> on investments	\$383,247
<b>Change in Net Assets</b>	<b>\$1,202,277</b>



## New Board Members



*Reverend John Bauer*

Reverend Bauer is Rector at the Basilica of Saint Mary.



*Marcus Merz*

Mr. Merz serves as the President and Chief Executive Officer for PreferredOne Administrative Services, a leading managed care organization.



*Penelope A. Moyers,  
Ed.D., OT/L, BCMH,  
FAOTA*

Ms. Moyers serves as Dean at the Henrietta Schmoll School of Health and The Graduate College at Saint Catherine University.



*Lores Vlamincck,  
RN, BSN, MN, CHPN*

Ms. Vlamincck operates Lores Consulting, providing consulting, training and mentoring for hospice, assisted living, home care and related care providers.

## Board of Directors

### OFFICERS

Thomas M. Beck  
*Chair*

Dan Johnson  
*President & CEO*

Stewart W. Laird  
*Treasurer*

William J. O'Brien, Esq, CPA  
*Vice Chair*

Michael J. Shasky, CPA  
*Chief Financial Officer*

Suzanne J. Snyder  
*Secretary*

### DIRECTORS

Kenneth G. Baltes, PhD

Rev. John Bauer

Richard Brustad

Kari Dziejcz

Mark Glodek

Thomas F. Glodek

Jean Wilson Greener

Albert J. Hofstede

Al Hofstede, Jr.

Anthony A. Hofstede

John J. Hovanec

Rev. Glen Jenson

Ruth J. Kildow

Marcus Merz

Penelope A. Moyers, Ed.D.

James Murzyn

Robert K. Spinner

Mark Stenglein

Charles E. Sullivan, AIA

Lores Vlamincck, RN

Beth Waterman

### DIRECTORS EMERITI

William L. Hedrick, MD

Carolyn Olson

Ralph Strangis, Esq.

Joseph D. Strauss, Esq.

### ADMINISTRATION

Dan Johnson  
*President & CEO*

Michael Shasky  
*Chief Financial Officer*

Janet Carlson  
*Director of Housing*

Kimberly King  
*Administrator,  
Catholic Eldercare on Main*

Kristine Smyth  
*Director of Development  
and Marketing*

# The Catholic Eldercare Community

includes these residences and programs:

## *1101 On Main*

The newest residence in the Catholic Eldercare community has 52 one-bedroom and two-bedroom luxury rental units for independent adults. Located just one block from the main Catholic Eldercare campus, 1101 On Main addresses a growing need for affordable rental housing in Northeast Minneapolis. For more information, please call 612-378-8814 or visit [www.1101onmain.com](http://www.1101onmain.com)



## *Adult Day Program*

This program offers care and programming for the senior who may require modest assistance when a spouse or other loved ones are unavailable to attend to their needs. Adult Day also serves as a respite for family caregivers who may find it increasingly challenging to care for an older adult all the time. The weekday program is affordable and flexible. Clients may be eligible for financial assistance. Transportation can be arranged. Located at 817 Main Street, NE in Minneapolis. 612-379-1370.



## *RiverVillage East/ RiverVillage North*

This inviting 107-unit senior campus, located adjacent to St. Hedwig Church in Northeast Minneapolis, offers affordable market rate apartments and memory care (East) and independent, subsidized units (North). Located at 2919 - 2921 Randolph Street, NE. 612-605-2500



## *MainStreet Lodge*

A 150-bed skilled nursing residence, with dedicated memory care floor. Located at 817 Main Street NE in Minneapolis, the nursing home is physically connected to St. Anthony of Padua Chapel for ease of worship and socialization opportunities. 612-379-1370.



## *Catholic Eldercare on Main*

This assisted-living residence, located at 909 Main Street NE in Minneapolis, includes 51 comfortable apartments. The Lodge is adjacent to the nursing home and St. Anthony of Padua Chapel. 612-362-2450.



Join us on **FACEBOOK**



## Upcoming Events

**June 12**

*Ice Cream Social*

5:30 p.m. - 7:00 p.m.

Catholic Eldercare On Main

**September 18**

*Celebrate Lifelong Living Luncheon*

Noon - 1 p.m.

Earle Brown Center

## Credits

### Writer/Editor:

John Wingate; *Wingate Communications Group*  
[www.wingatecommunications.com](http://www.wingatecommunications.com)

### Graphic Design:

Steve Mears; *Smears Concept and Design*

### Photography:

John Wingate

Robert Cunningham

### Catholic Eldercare

817 Main St. NE  
Minneapolis, MN 55413

Phone: 612.379.1370

Fax: 612.362.2486

  
Catholic | Eldercare

[www.catholiceldercare.org](http://www.catholiceldercare.org)

**Connections** is a biannual publication of Catholic Eldercare, Inc., 817 Main St. NE, Minneapolis, MN 55413. The purpose of this publication is to provide useful information and resources to the Catholic Eldercare community. For more information on the publication or to request additional copies, suggest article ideas, or to be removed from the mailing list, contact Sandi Westberg at [swestberg@catholiceldercare.org](mailto:swestberg@catholiceldercare.org) or call 612.362.2430.

If you no longer wish to receive Connections, you may call 612-362-2430 or email [swestberg@catholiceldercare.org](mailto:swestberg@catholiceldercare.org). Doing so will not affect your ability to receive services from Catholic Eldercare. You may notify us at anytime should you wish to resume receiving Connections.