

Monday	Tuesday	Wednesday	Thursday	Friday
	Coffee & Conversation 1 News & Announcements Daily Devotions Morning Exercise Chinese New Year Begins Bean Bag Toss Brain Builders	Coffee & Conversation 2 News & Announcements Daily Devotions Wellness Workout Groundhog's Day Kick the Can Brain Games	Coffee & Conversation 3 News & Announcements Daily Devotions Let's Get Moving! Spotlight: Buddy Holly Ladder Ball February Trivia	Coffee & Conversation 4 News & Announcements Daily Devotions Friday Fitness Winter Olympics XXIV Winter Water Pong Word Games
Coffee & Conversation 7 News & Announcements Daily Devotions Mighty Muscle Moves African American History Month: Harriet Tubman BINGO!	Coffee & Conversation 8 News & Announcements Daily Devotions Morning Exercise Plinko Trivia Flick' N Chicken Brain Builders	Coffee & Conversation 9 News & Announcements Daily Devotions Wellness Workout Crafts with L & L Ladder Golf Brain Games	Coffee & Conversation 10 News & Announcements Daily Devotions Let's Get Moving! Spotlight: Hank Aaron Cupid's Arrow Bullseye! Mind Medleys	Coffee & Conversation 11 News & Announcements Daily Devotions Friday Fitness Kick off to the Superbowl Singing Ring Toss Word Games
Coffee & Conversation 14 News & Announcements Daily Devotions Mighty Muscle Moves Valentine's Day Card Making Bocce Ball	Coffee & Conversation 15 News & Announcements Daily Devotions Morning Exercise Love Me Tender Health Talk with Kathy Horse Racing	Coffee & Conversation 16 News & Announcements Daily Devotions Wellness Workout Movie Matinee: The Sandlot Movie Trivia	Coffee & Conversation 17 News & Announcements Daily Devotions Let's Get Moving! Spotlight: Michael Jordan Connoisseur Corner: Chocolate	Coffee & Conversation 18 News & Announcements Daily Devotions Friday Fitness Ferris Wheel Day February Birthday Party! Word Games
Coffee & Conversation 21 News & Announcements Daily Devotions Mighty Muscle Moves Survey Says... All About the Presidents Cranium Crunches	Coffee & Conversation 22 News & Announcements Daily Devotions Morning Exercise Music Jeopardy Ring Toss Brain Builders	Coffee & Conversation 23 News & Announcements Daily Devotions Exercise with Noreen Travelogue: Duluth, MN Flick' N Chicken Brain Games	Coffee & Conversation 24 News & Announcements Daily Devotions Let's Get Moving! Pass the Pigs Bucket Ball Mind Medleys	Coffee & Conversation 25 News & Announcements Daily Devotions Friday Fitness Marathon Mania Roll-A-Love-Song Word Games
Coffee & Conversation 28 News & Announcements Daily Devotions Mighty Muscle Moves Pictionary Horseshoe Toss Cranium Crunches				

Daily Lunch 12:00 P.M. / Daily Snack 2:00 P.M.

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