

CONNECTIONS

— SPRING 2019 —




Catholic Eldercare
Nurturing Life's Ageless Spirit

In this issue:

- **Saving "Our Lady's" Shrine**
- **Finding New Ways to Give**
- **Inside Our Serenity Room** *and more...*

Dear Friends:

When all seems well, family and friends are close, and life is good, we sometimes take what we have for granted. But in times of loss or difficulty, that all changes. Suddenly, we recognize how things we once took for granted are, in fact, precious. We believe Catholic Eldercare is one of those precious community resources that is most valued when it is most needed. Our goal is to be here for you in those times.

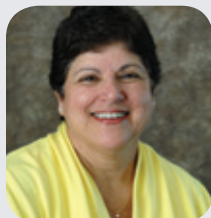
That requires us not only to be responsive to your needs now, but also to anticipate new needs in years to come. Act today, prepare for tomorrow—it's critical we do both.

In the pages that follow, you will read about some of the things we are doing now and how we are planning for the future. We are pleased to share just a bit of the work we did together to safeguard the past for those who will come after us with the preservation of the historic Shrine of Our Lady of Perpetual Help. And then there's the grand opening of Wyndris, our first market-rate luxury apartment for those who are 62 and older. You'll also get a glimpse of a wonderful new resource on the memory floor of the care center—the Serenity Room. This is a tool designed to reduce stress and inject peace, rest and quietness into the lives of those who make their home here—as well as for their families and our staff. All of this is in addition to the many ways we already work to be there for you and your family when you need us.

Being there, however, is going to require that we partner with you in new ways—including in how we approach philanthropy going forward. We believe you will recognize in our planning a deep commitment to stability, forward thinking and wise stewardship of the resources you entrust to us. We would like to talk to you about that.

Senator David Durenberger once asserted that “all health care is local.” Responding to the health-related needs of a community—in this case, age-related needs—is often best accomplished by that community. After all, we know each other and are best positioned to promote healthy aging together. At our core, that's who we are—one community coming together to make a difference.

Thank you for all you have done to engage with us in this critical work now and in years to come. Good things lie ahead.



Suzanne Snyder
Chair, Board of Directors



Dan Johnson
President and Chief Executive Officer

Welcome!

We are pleased to welcome Diane Lucas as Catholic Eldercare's new Director of Marketing, Communications and Business Development.

As Business Development Manager, Diane has played a huge role in bringing the Catholic Eldercare story to the public for 6 years. We are excited she has agreed to lead our marketing efforts going forward and help us carry our message of service, faith and community into the future.



As Director, Diane will work in collaboration with senior leadership to broaden our marketing programs, strengthen our brand messaging and identify the most effective mediums for a variety of audiences to ensure we deliver relevant content across all communication platforms.

“I enjoy seeing our efforts in developing programs that drive strategies through to fruition,” says Diane. “I’m looking forward to working with my colleagues to help further our brand recognition in the broader community and also raise our employees’ awareness and understanding of our brand.”

Please help us congratulate Diane on her new position and wish her success!

Nancy Utoft

New to the Catholic Eldercare Board of Directors, Nancy Utoft has held multiple executive positions in both the financial industry as well as in a number of Twin Cities not-for-profit organizations. A native of Northeast Minneapolis, she has valued Catholic Eldercare's service to her own family and now brings a wealth of experience to her new role.



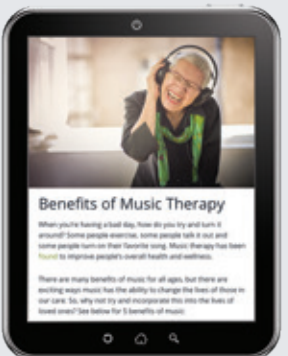
HELP US HELP THE PLANET

Catholic Eldercare wants to do our part in preserving our planet by eliminating excess paper waste. As a result, we'll be relying more on monthly email blasts to communicate with you and keep you updated on what is happening within our community. To ensure you continue receiving the latest Catholic Eldercare news, please help us by taking a moment to visit catholiceldercare.org/update and complete the form. Or call Angela Ali at 612-362-2430 to provide your current contact information.



STAY CURRENT WITH OUR MONTHLY BLOG

Visit catholiceldercare.org and go to **News/Events** to see our latest blog to learn about all the exciting ways our team uses therapies like music to enhance the quality of life for our residents, including reducing stress, improving memory, encouraging movement and more!



Find us on

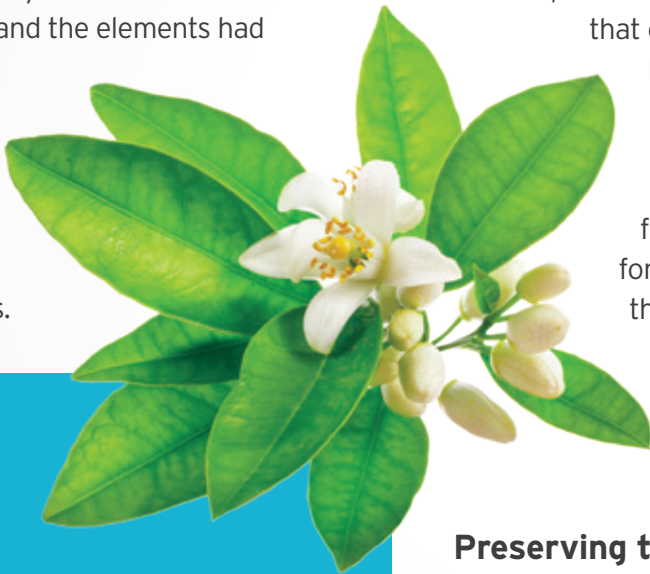
If you have a Facebook account, we encourage you to 'Like' Catholic Eldercare at facebook.com/CatholicEldercare. So much happens between the fall and spring newsletters, and Facebook is a great way to stay informed.

Our Lady Shrine Undergoes Restoration

Situated on the Alfred J. Hofstede campus, The Shrine of Our Lady of Perpetual Help has been a NE landmark since its construction in 1947.

Over the years, St. Anthony High School alumnae, neighborhood residents and even passing truckers have stopped to pray, rest and reflect at this historic spot.

When Catholic Eldercare purchased the land that is now The Green, we felt an obligation to preserve this treasure too. But it wasn't always certain that would be financially possible. Time and the elements had taken their toll on the old limestone structure. More concerning was the fact that the prayer area was not accessible to most of our residents, who face a variety of mobility challenges.



"I've been involved with St. Anthony of Padua for some time, and my mom and wife's parents received care here at Catholic Eldercare. The Shrine is a beacon of NE Minneapolis—a community place of safety, comfort and peace. I knew I had to get others involved to help before it was too late—and I was thrilled so many came together to make it happen."

—Dave Ryan



A Community Comes Together

Working with our Wyndris architect, John Rova (of firm Miller Hanson), we developed a plan for repairs and improvements. John was extremely generous with his time, creating a beautiful watercolor rendering that clearly communicated his vision.

Longstanding friend of Catholic Eldercare, Dave Ryan, made a generous gift toward the project and led the fundraising charge among friends, neighbors and parishioners, for which we are so grateful. In the end, the entire community—from generous donors and neighborhood leaders to contractors and subcontractors—came together to help us make this restoration a reality.

Preserving the Past, Protecting the Future

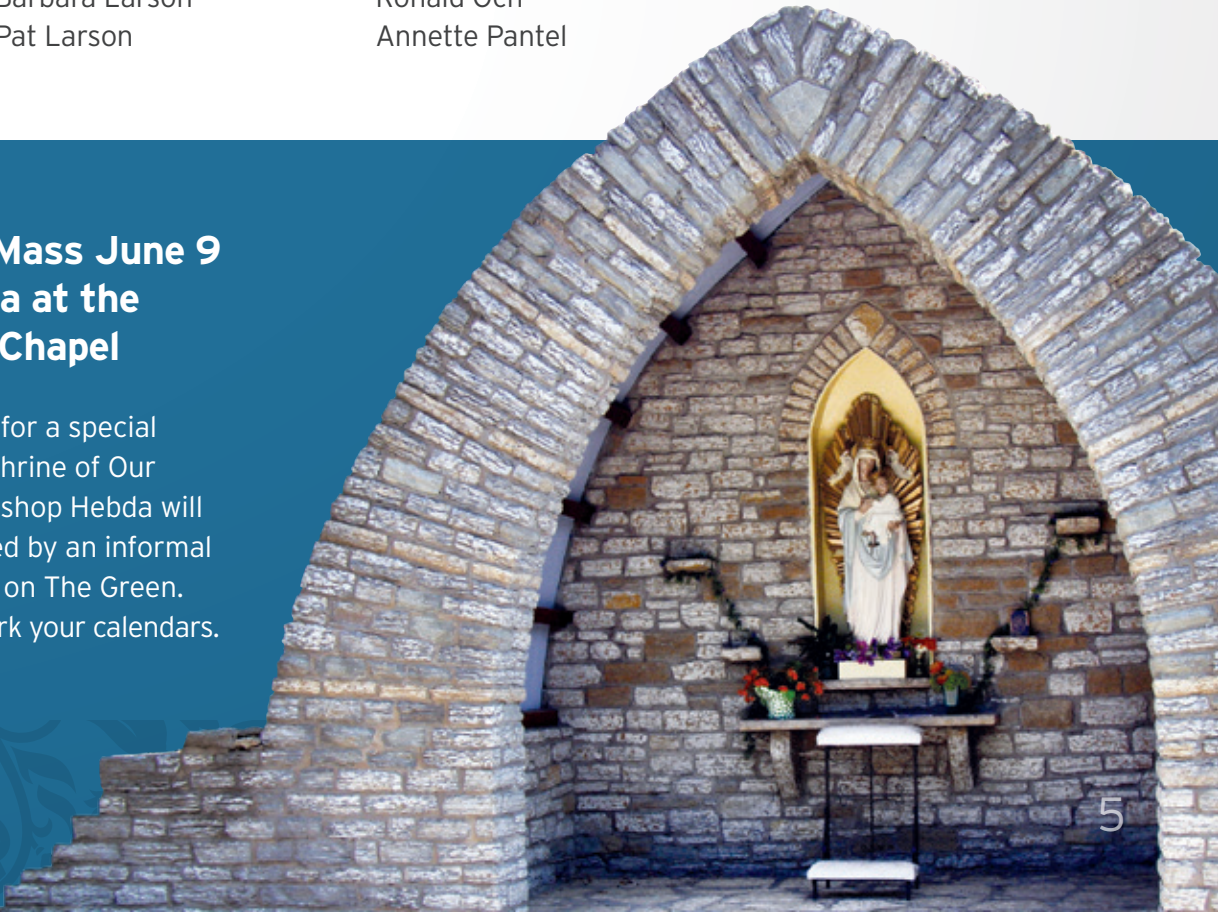
The remodel includes several restorations to protect the structure from the elements. The addition of a ramp and handrails have made the Shrine accessible by walker and wheelchair. We plan to replace benches and add planters and shrubbery to provide comfortable seclusion for visitors. The interior of the Shrine will be left as is to preserve the history and memories this special place still holds.

Thank you to our generous donors.

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Shrine Re-dedication Mass June 9 with Archbishop Hebda at the St. Anthony of Padua Chapel

Please join us Sunday, June 9, for a special re-dedication of the restored Shrine of Our Lady of Perpetual Help. Archbishop Hebda will celebrate Mass at 9am, followed by an informal reception with coffee and rolls on The Green. All are invited, so be sure to mark your calendars.



LOOKING FORWARD:

Developing a Culture of Philanthropy

A grateful note of thanks to everyone who has sustained Catholic Eldercare with your generous charitable support. Your gifts allow us to fulfill our mission to provide care, housing and services needed by older adults to continue living fully with dignity in an intentionally created, caring community.

In the past, the annual fall luncheon served as the primary opportunity to support Catholic Eldercare financially. This was a remarkable time for us to share our story and for you to financially support the important work we do. We thank everyone who took part. In the future, we are anticipating new ways for you to engage with us in serving our older friends and their families. These include:

- Smaller, more personal fundraising events with friends who share a common interest in supporting the Catholic Eldercare mission
- Opportunities for making a planned gift through your will, investments or a retirement account
- Contributing to the Catholic Eldercare Endowment or creating a named endowed fund
- Making a donation in honor of one of our staff members who went above and beyond in serving you or your loved one
- Supporting our efforts to build exceptional care through well-trained staff and through the development of our managers
- Providing for the care and support of those who have exhausted their resources and need help with the high cost of housing or services as they age



Your support transforms the lives of those we serve. Consider how your investment can make a difference, whether you give annually, through your will/estate or to the Catholic Eldercare Endowment.

If you have questions or thoughts about financially supporting the work we do, please contact Lynn Varco, Chief Development Officer, at 612-362-2420 or Ivarco@catholiceldercare.org.

Thanks to Our Amazing Volunteers!

One of the greatest blessings at Catholic Eldercare is the sharing of time and talents by a loving team of volunteers. They are essential to helping our staff fulfill our mission: to allow older adults to continue living fully with dignity in an intentionally created caring community.

Jean Askwith	Carol Forby	Karen Kohl	Bernard Newinski	Lois Schardin
Deanna Bauer	Dan Forby	Jacob Koller	Lorraine Niziol	Margaret Schneider
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In 2018 alone:

- 30 new people joined our volunteer program
- 145 volunteers contributed more than 10,000 hours of service
- The value of those hours was greater than \$300,000*

*as calculated by Independent Sector



We couldn't do what we do without you! *Thank you!*

Wyndris Welcomes New Residents

In December, Catholic Eldercare celebrated the grand opening of Wyndris—our exciting new 62+ Independent Living community on Second Avenue NE and Broadway Street NE. Over 300 guests joined staff and residents for delicious catered dishes from D'Amico, classical holiday music from a local string quartet, prize drawings and more.



Attendees also enjoyed personal tours of Wyndris's uniquely upscale Northeast lifestyle: stunning 1- & 2-bedroom apartments with gorgeous finishes and beautiful amenities—including an inviting outdoor terrace, BBQ, fire pit, 24/7 fitness center and more. As a result of our strong opening, occupancy is approaching 60% and early move-ins have garnered wonderful feedback from new residents.

Much of that glowing feedback revolves around the exceptional dining experience offered by Wyndris's own chef, Alexander Dixon. The Wyndris Café, which opened in February exclusively for residents, offers a range of Chef Dixon's breakfast and lunch delicacies, including fresh fruit smoothies, toasted bagels, turkey clubs, smoked brisket baguettes, specialty salads, flatbread pizza melts and more.

In fact, there is a lot going on at Wyndris every month for everyone to enjoy—such as gardening, billiards, happy hours, exercise classes, book clubs and more. We recently surveyed residents about the kinds of activities and outings they'd love to see, and the community responded with some exciting ideas we'll be implementing throughout the year.



If you'd like to learn more about Wyndris or schedule a tour, call Diane Lucas at 612-277-2902 or visit wyndris.com today.

New Serenity Room Leaves Stress at the Door

Skilled Nursing Care is rewarding, yet exhausting work. Staff and residents alike go through many ups and downs during the day. Even in a setting as welcoming and nurturing as the Albert J. Hofstede Care Center, people need to take a moment for themselves from time to time. The new Serenity Room at the Care Center gives staff, residents and family members the perfect place to do just that.

The brainchild of Chaplain David Liedl, this innovative sensory escape was designed with the assistance of Nurse Manager Teri Brustad, Therapeutic Recreation Coordinator Cindy Smith and Director of Therapeutic Recreation Renee McHugh.

In the Serenity Room, family members, residents and staff members have a quiet space to relax, reflect and restore their spirit before getting back to their day. Though small groups can use the room, the space is intentionally cozy to give individuals the privacy and seclusion they need to decompress or meditate.

Inside, visitors find a range of relaxing touches, including an aromatherapy diffuser, a Himalayan salt lamp, adult coloring books and an iPad for playing music. Additional sensory and tactile elements—from serene outdoor wall scenes to banners and blankets made by Chaplain David—help provide a calming, private environment designed to settle the mind and soothe the soul.

Opened for use in January, feedback on the Serenity Room has been positive. This innovative resource is still new to the field, yet already several outside groups—including hospice professionals—have expressed interest in emulating it. Catholic Eldercare will continue collecting feedback throughout the year to help us improve and enhance the experience, as well as chart its long-term benefits.



Next time you're visiting the Care Center, we encourage you to step inside the Serenity Room and leave a supportive note in the Blessings Book. Then feel free to relax, restore and re-engage with friends, family and loved ones.

Leave a Legacy

The Sister Ruth Roland Society was established to recognize contributors who support Catholic Eldercare's mission with a gift through their will, estate or trust. Sister Ruth represents the very heart and soul of our care model: rooted in the Catholic faith, protecting life at all stages and upholding human dignity by nurturing life's ageless spirit.

Sister Ruth lived out this truth and personified Christian love by recognizing and improving the well-being of the most vulnerable among us. She first encountered "a tremendous mountain of loneliness" among elders while visiting her mother in a nursing home. With this defining moment, Sister Ruth re-dedicated her spiritual vocation by ensuring that those served by Catholic Eldercare were engaged in life, supported by faith, and surrounded by family and friends.

Consider how you might leave a legacy that honors the remarkable work of Sister Ruth while also meeting your charitable goals. One way to do this is with a bequest in your will or living trust. Here is language that you can use for that purpose:

"I, (Name), of (City, State, Zip), give, devise and bequeath to the Catholic Eldercare Community Foundation Tax ID (41-1756772), 817 Main Street NE, Minneapolis, MN 55413, (designated amount or percentage of the estate or description of property) for its unrestricted use and purpose."

Perhaps the easiest way to leave a legacy is simply to name Catholic Eldercare as a beneficiary of a qualified retirement plan, such as a 401(k) and 403(b). Many contributors have taken advantage of tax incentives by using these savings instruments to build assets tax free throughout their lives. Typically, such assets are not subject to income tax until funds are withdrawn. However, if the funds are directed to a charitable organization, you can possibly avoid substantial estate and income taxes.

Let us know what you value about Catholic Eldercare and how you want to see that reflected in your giving. To learn more, visit catholiceldercare.org, planmygift.org or contact Lynn Varco, Chief Development Officer, at 612-362-2420 or lvarco@catholiceldercare.org.

Sister Ruth Roland
SOCIETY



Honor a Loved One with a Tribute Gift

"My mother lived in Assisted Living at RiverVillage for the last three years of her life—and my family is forever grateful for the excellent care she received. The staff makes such incredible effort to provide appropriate support and care to individuals, always in a respectful and caring manner.

We often joined our mother for meals in the RiverVillage dining room, and we were always impressed with the quality and variety of the food and service. We enjoyed getting to know the other residents, and Mom was very happy living in such a nice environment. To see her joking and smiling with the staff really made my day.

We know that reimbursement for care, housing and services only goes so far. In memory of my mom, my husband and I are happy to help sustain Catholic Eldercare's services for everyone with our Tribute Gift."

*Judy Marcouiller,
Daughter of RiverVillage Resident*

To make a memorial or tribute gift in honor of a loved one, please call 612-362-2430, visit us online at www.catholiceldercare.org/giving or mail your gift to: Catholic Eldercare, Development Office, 817 Main Street N.E., Minneapolis, MN 55413.



QUICK CLICK TO GIVE



By visiting www.catholiceldercare.org, you can quickly access comprehensive information on the various ways to support the mission.

1. Go to www.catholiceldercare.org
2. Click on "Giving"
3. Select from a comprehensive list of resources from online annual fund giving to planned giving options.

Your gift means so much.



We would like to extend a heartfelt thank you to the many wonderful individuals, corporations, foundations, and associations for their generous support of our mission. Every gift makes a significant difference in our ability to continue to deliver excellent care in a loving and beautiful environment designed for the growing and changing needs of our current and future residents. Without their support, we would not be able to run programs that benefit the lives of so many seniors.

These contributions were given from October 1, 2017 through March 30, 2018. Every effort is made to ensure accuracy. If you see an error or omission, please contact the Office of Development at 612-362-2430. For a comprehensive list of all 2017-2018 donors, please visit catholiceldercare.org.

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John and Sandra Dimond

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Louis and Marie Marino

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Daniel and Carol Forby

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Elsie Van Dyke

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Richard Pearo
Joseph and Charlotte Wentzell

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William and Eleanore Pederson

Bernice J. Pederson
Corey Dahlstrand
William and Eleanore Pederson

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Alliant Engineering, Inc.
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Scott and Mary Jane Berglund
Russ and Lynn Brown
Thomas Cornelison
Allen and Phyllis Dehn
John and Julie Ditzler
Gene and Jan Eggersgluess
Randy Elser
Mary Gans
Gaylen Ghylin
Frances Gonyea
Thomas Gonyea
Claire Graham
D. and S. Jones
Steven and Nancy Kane
Sara Kittridge
Loucks Inc.
Dennis and Susan Paulson
Art and Mary Peil
Greg and Joyce Peppin
Rita Pfeffer
Allan and Elfriede Rolland
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Scherer Bros. Lumber Co.
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Elizabeth Garski
Sara James
Kim Noble
Kristina Przybilla

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Larry and Karen Baker
Tony and Nancy Baker
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Ronald and Mary Schuster

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Stella Sirak
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Ronald and Mary Schuster

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Thomas and Candice Tobias

Helen and Edward Toohey
John and Joan Toohey

Evelyn Turgeon
Richard and Sharon Turgeon

Betty Lou Wilcox
Frank and Jacqueline Padula

Frances and Ted Wlazio
William and Margaret Pilacinski

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Rosemary Bedor
Glenn and Laurie Benson
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Joe and Sheila Biernat
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Bernadette Botoshe
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Steve Brandes
Jerry Brtek
James and Pat Bumgarner
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Alice Cantril
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Rachel Chin Fu Chen
Rosemarie Clark
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John D'Agostino
Diane Delmonico Slick
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Trish Flannigan
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Tammy Goral
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Duane Gunderson
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Dave and Connie Kassing
Joyce Knutson
Edward and Janice Kodet
Anthony and Thushanthi Kozlak
Richard and Lorraine Kuklock
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Hibernians, Hennepin
County Division 9
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Mark and Connie Lewis
Lucille Lins
Mary Loizeaux
Anna Margl
Robert and Rosemary Marrs
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Elizabeth McDonnell
Rose McMurchie
Antonia Miskiewicz
Maxine Narog
Andrew Pappas
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Cecelia Ryan
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Marie Sawochka
Lois Schardin
Margaret Schneider
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Angeline F. Guminga Estate[†]
Mable Halloran Estate[†]
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Rev. John M. Hofstede
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Luella L. Simon Estate[†]
Dolores E. Sisson Estate[†]
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Florence W. St. Claire Estate[†]
Donna Stelmaszewski Estate[†]
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Charles E. Sullivan and
Sandra West
Dena Tarnowski Estate[†]
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Donna Walicki Estate[†]
Mr. and Mrs. John D. Whalen
Alan Winters Estate[†]
Stanley Wruck Estate[†]

[†] Deceased

Catholic Eldercare Community Foundation & Affiliates

CONSOLIDATED FINANCIAL INFORMATION FOR THE YEAR ENDED SEPTEMBER 30, 2018

Consolidated Balance Sheet:

ASSETS:

Current Assets	\$4,837,127
Property and Equipment, net	\$38,425,140
Other Assets	\$7,753,776
Total Assets	\$51,016,043

LIABILITIES AND NET ASSETS:

Current Liabilities	\$4,545,397
Long Term Liabilities	\$24,698,249
Net Assets	\$21,772,397
Total Liabilities and Net Assets	\$51,016,043

Statement of Activities and
Changes in Net Assets:

REVENUES AND OTHER SUPPORT

Nursing Home	\$17,773,483
Assisted Living and Home Care	\$5,434,680
Housing	\$231,005
Adult Day Care	\$464,297
Contributions	\$270,815
Other Support and Investment Income	\$172,274
Total Revenues and Other Support	\$24,306,554

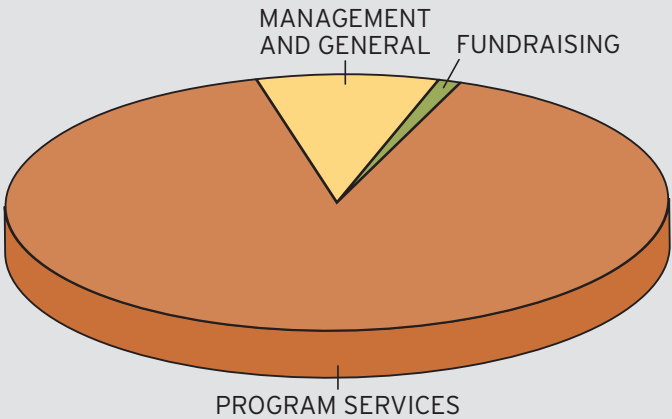
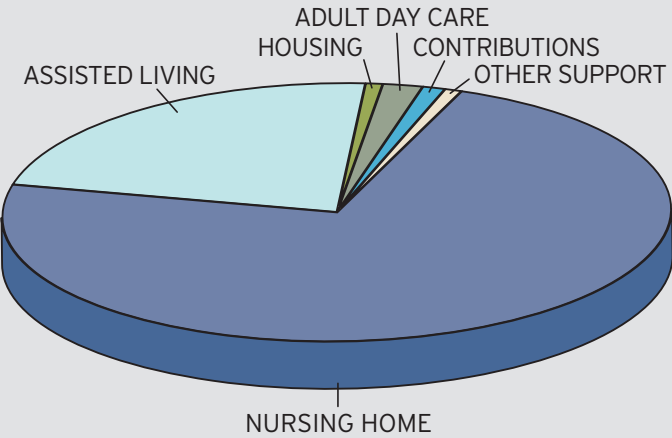
EXPENSES

Program Services	\$21,248,198
Management and General	\$2,162,642
Fundraising	\$206,513
Total Operating Expenses	\$23,617,353

Excess (deficiency) of revenues over expenses	\$689,201
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OTHER NON-OPERATING INCOME

Change in net unrealized gains on investments	\$551,970
Gain on sale of property	\$0
Total	\$551,970
Change in Net Assets	\$1,241,171



The Catholic Eldercare Community



WYNDRIS
INDEPENDENT LIVING
929 2nd Street NE,
Minneapolis • 612-277-2902
Amenity-rich downtown living in a warm Northeast neighborhood. Focused on wellness and hospitality, we provide a range of exceptional independent living options and access to Catholic Eldercare's full continuum of care.



CATHOLIC ELDERCARE BY DAY
ADULT DAY SERVICES
149 8th Avenue NE,
Minneapolis • 612-362-2405
Offering care and programming for the senior who may require modest assistance when a spouse or loved one is unavailable to attend to their needs. Our weekday program is affordable and flexible.



RIVERVILLAGE EAST
ASSISTED LIVING AND MEMORY CARE
RIVERVILLAGE NORTH
SUBSIDIZED LIVING
2919 - 2921 Randolph Street, NE,
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This inviting 107-unit senior campus is adjacent to St. Hedwig Church in Northeast Minneapolis. We offer affordable market-rate, assisted living apartments and memory care (East) and independent, subsidized units (North).



MAINSTREET LODGE
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909 Main Street NE,
Minneapolis • 612-362-2450
Our assisted living residence includes 51 comfortable apartments and is adjacent to the Care Center, St. Anthony of Padua Chapel and lush green spaces.



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SKILLED NURSING
817 Main Street NE,
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Our 150-bed skilled nursing residence includes a dedicated memory care floor. The Care Center is physically connected to St. Anthony of Padua Chapel for ease of worship and socialization opportunities.



TRANSITIONAL CARE UNIT
REHABILITATION SERVICES
149 8th Avenue NE,
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This is the individualized attention and calming environment you need to heal effectively, with complete access to leading-edge therapies and equipment to help you reach your goals. Whether in one of our private rooms, or in your own home, your customized care plan offers the perfect balance of personal comfort and quality care.



817 Main St. NE
Minneapolis, MN 55413
Phone: 612-379-1370
Fax: 612-362-2486

Catholic Eldercare provides the care, housing and services needed by older adults to continue living fully – with dignity – in an intentionally created community.

Connections is a biannual publication of Catholic Eldercare, Inc., 817 Main St. NE, Minneapolis, MN 55413. The purpose of this publication is to provide useful information and resources to the Catholic Eldercare community. For more information on the publication or to request additional copies, suggest article ideas, or to be removed from the mailing list, contact Angela Ali at aali@catholiceldercare.org or call 612-362-2430.

If you no longer wish to receive Connections, you may call 612-362-2430 or email Angela Ali at aali@catholiceldercare.org. Doing so will not affect your ability to receive services from Catholic Eldercare. You may notify us at any time should you wish to resume receiving Connections.

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Don't just find a job. Find your calling!

At Catholic Eldercare, our people are our strength. For over 35 years, we've provided a wide range of services across nine care disciplines—and we're still growing! To continue improving our residents' quality of life, we need quality people for the following positions:

- Dining Aide
- Registered Nurse or LPN
- Home Health Aide
- Registered Nursing Assistant
- Housekeeper/Janitor

Catholic Eldercare provides competitive compensation and benefits, ongoing support and training, and a respectful work environment. If you're interested in making a career out of making a difference, visit catholiceldercare.org/employment to apply today.

